The IRB Process for Research

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What is the IRB?

- Institutional Review Board
- Designed to protect the interests of human and animal research participants
  - Human Subject Subcommittee
  - Animal Participants Subcommittee
- Three types of IRB Applications:
  - Exempt
  - Expedited
  - Full Board Review
Exempt IRB Application

- No External Funding
- Non-sensitive topics
- Data collection without participant identifiers
- Adult participants, non-invasive data collection
- Educational settings
- Elected officials
- Previously collected data
- Research for public service programs, approved by department heads
- Taste and food quality surveys
Expedited

- Reviewed by Human and Animal subcommittees
- Two week decision
- Not available during last month of semesters
- Minimal Risk research involving non-vulnerable participants
- Minor changes to previously submitted forms
Full Board Review

- External funding
- Participants at higher than minimal risk
- Vulnerable subjects at minimal risk
- Complete training modules for investigator education program
Submitting the IRB

- Have documents and info ready before you begin
- Documents you will need:
  - Survey questions
  - Informed consent
  - Assent
Info for IRB Application

- Personal Information
- Faculty Advisor information: Name, campus address, phone number, email
- Funding
- Project Title
- Project start date/completion date
- Project Summary
- Methodology/Procedures
  - Survey Questions
- Measures
- Participant Sample Description
- Recruitment Process
Info for IRB App., continued

- Compensation
- Potential Benefits of Study
- Potential Risks from Study
- Consent process
  - Informed Consent
- Assent
- Data Collection
  - Data Storage/Disposition
- Deception
- Investigator Training
- Financial Disclosure
Completing the IRB

- Completeness
- Thoroughness
- Honesty
- Preparation is key!